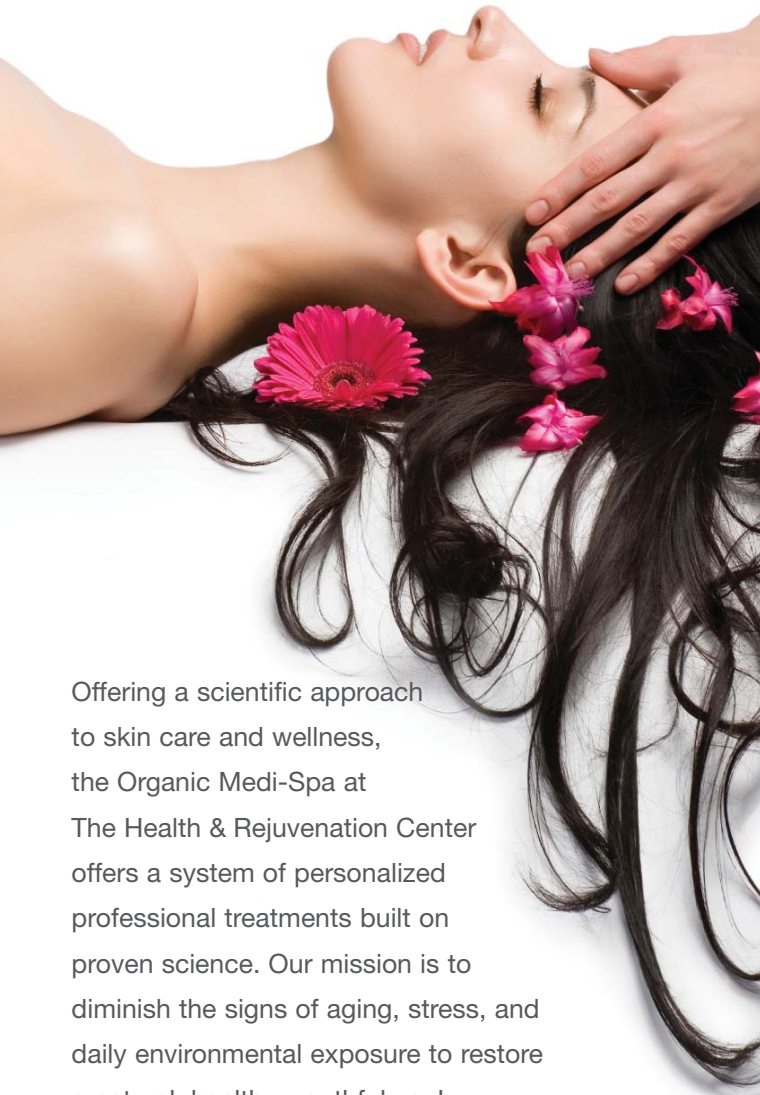


Reverse the signs of aging...



Offering a scientific approach to skin care and wellness, the Organic Medi-Spa at The Health & Rejuvenation Center offers a system of personalized professional treatments built on proven science. Our mission is to diminish the signs of aging, stress, and daily environmental exposure to restore a natural, healthy, youthful you!

Finally... a safe, natural, and painless way to beautiful you...
 ...in the comfort of a relaxing Spa Sanctuary!

Massage Menu & Treatments

Swedish-Relaxation Massage \$75
 Relaxation massage, head to toe.

Swedish-Relaxation Massage & Raindrop (Aromatherapy) / 60 min. \$130
 Totally soothing and rejuvenating experience. Combine benefits of aromatherapy & relaxation massage.

Deep-Tissue Therapeutic Massage \$85
 Deep muscle bodywork, trigger point therapy, and medical massage techniques.

Raindrop Therapy Session / 60 min. \$125
 Aromatherapy bodywork. Powerful therapeutic organic-grade essential oils used on the feet, spine and back with special massage techniques. Hot, steamy towels help the therapeutic oils penetrate into the tissues. Deep and relaxing, this therapy helps reduce inflammation and muscle tension caused by physical and mental stress.

Shiatsu / 60 min. \$90
 Eliminate Tension, Pressure and Pain. Shiatsu is a Japanese form of massage that reaches the source of your back pain and discomfort and soothes it away. A penetrating, kneading massage that eliminates tension, pressure and pain. Shiatsu massage is a full back massage that will leave you pain-free, and feeling refreshed.

Lymphatic Drainage / 60 min. \$75
 Gentle pulsing movements help work the lymphatic system. Detoxify and eliminate fluid retention. Improves circulation.

Photo Rejuvenation

Full Face Photofacial Treatments \$749
 Rejuvelux Process - Palomar Pulse Light System

Hair Removal - Palomar Pulse Light System
 Upper Lip / single treatment \$249
 Bikini Line / 3 treatments \$499
 Men's Back / 3 treatments \$1199

Tanning Services

Sunless Tanning \$40
 3 Sessions \$120 / 5 Sessions \$175



Yoga / Eastern Healing Therapies

Yoga Private Session \$65
 4 sessions \$240 (1/week)
 8 sessions \$580 (2/week)
 Semi-Private also available

Reiki / 60 min. \$75
 3 Sessions \$195
 5 Sessions \$300
 Training for individuals and groups available

Body Treatments

Body Polishing / 25 min. \$90
Body Wraps Mud & Seaweed / 50 min. \$150



Facial Treatments

ProDerm Analysis \$50

A scientific skin analyzer with refined images. Includes the capture of six images at different points of the face. Show aging in the areas of discoloration, lines and wrinkles, pore size and skin texture. A must for customized products and results.

Renew European Facial / 60 min. \$105

Customized to your needs. Cleansing, skin analysis, exfoliation, extractions, enzymes, peels, facial massage with rejuvenating pressure points, mask, moisturizer.

JoJo's Signature Rejuvenating Facial 90 min. \$150

Help fight the signs of aging and skin discoloration. Includes scientific assessment of the skin, Oxygen Treatment, Light Therapy, aromatherapy, and foot massage.) Customized to your needs. Anti-Aging/ White Radiance (skin discoloration) aromatherapy, skin cleansing, analysis, exfoliation, extractions, enzymes, AHA Peel, facial massage with rejuvenating pressure points, mask, moisturizer.

Acne Galvanic B5 Facial / 60 min. \$150

For Blemish-Free Skin! Accelerate your skin's natural healing process. Customized Oxygen and Galvanic Vitamin B5 Treatment, Light Therapy (*helps cure breakouts and blemishes, aids in the prevention of future breakouts*), skin cleansing, analysis, exfoliation, extractions, enzymes, peel, facial massage with rejuvenating pressure points, mask, and moisturizer.

Non-Invasive Galvanic Facial / 30 min. \$75

Deep cleanses and Lifting. A non-invasive facelift. Regenerate collagen, rejuvenate elasticity, and improve muscle tone.

Microdermabrasion

Face / 30 min.	\$160
Face & Neck / 45 min.	\$175
Face, Neck & Decollete / 55 min.	\$190
Hands / 30 min.	\$100

Seasonal Treatments

Seasonal Anti-Aging Tune-Up

Look your best through the seasons.

• Spring • Summer • Fall • Winter • Vacation

Home Extension Products



Galvanic Spa II \$380

Expand your European home spa experience. Rejuvenate your complexion, revitalize your scalp, and refine your body with professional spa treatments.

- Break down fat
- Reduce fat storage
- Increase the firmness of skin
- Even out dimpled areas

Galvanic Spa™ Body Shaping Gel \$50

Works exclusively with the Galvanic Spa™ Instrument to minimize and smooth the appearance of cellulite.



Tru Face Essence Ultra \$180

Contains Ethocyn, which blocks the age-induced signal that diminishes elastin production, a key component of firm, healthy skin. Contours and firms the skin. Contains Tegreen 97®, clinically proven to help protect against the degradation of elastin.

Additional Services

Metabolic Testing \$250

Body-Balance / Body Typing Diet Test. A series of chemical tests that reveal your body type and in what way your body chemistry is off balance. Test includes nutrition and supplement recommendations ideally suited to your needs. No blood draw required.

Nutrition Counseling \$75

Also Available: Lifestyle Coaching, Detox/Cleansing, Weight Management, Blood Analysis

the **H E A L T H &**
REJUVENATION
center

Organic Medi-Spa

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the **H E A L T H &**
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Organic Medi-Spa

Featuring:

 **Palomar**

RejuveLux™ Skin System and
Pulse Light Hair Removal System